



Empire State Trail

Connecting New York's extraordinary experiences, people, and places.

Elmsford to Van Cortlandt

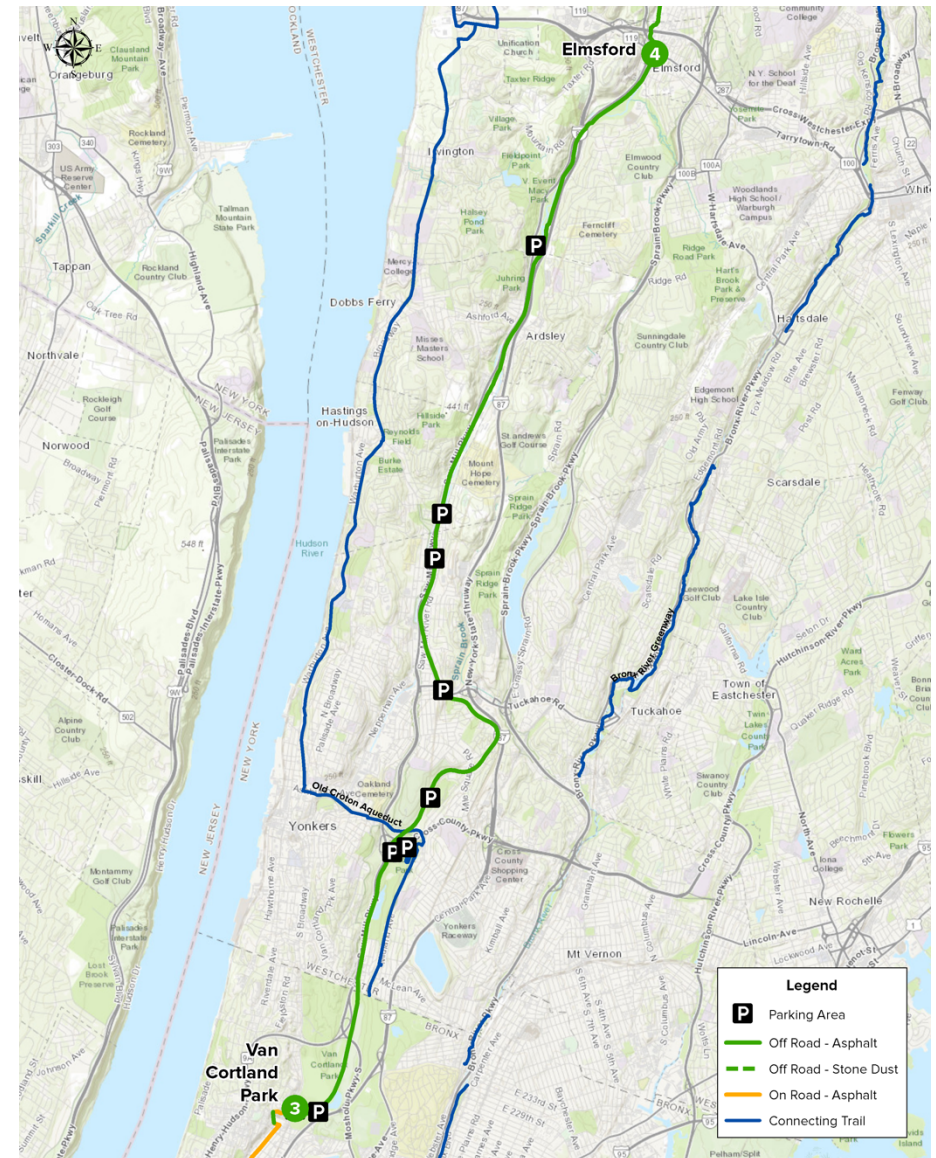
Step-by-step bicycle directions to follow for this segment of the Empire State Trail.

Start 4 Elmsford

Turn	Notes	Distance
	Head south on S County Trailway toward Parkway Plaza/Van Wart St	7.65 mi
→	Slight right to stay on S County Trailway	4.41 mi
↑	Continue onto Old Putnam Trail	1.28 mi
→	Turn right onto John Kieran Nature Trail	85 ft
←	Turn left	108 ft
→	Slight right	984 ft

End 3 Van Cortlandt

Southbound along Hudson Valley Greenway Trail



Disclaimer: Trail users may encounter temporary or permanent changes to the trail route as described in this cue sheet. Trail users must exercise discretion at all times to assure personal safety, including staying alert for movements by vehicles and other trail users, as well as possible modifications to the trail route.

Last updated June 2020